

RECORD ATTEMPT NUMBER 2173
NOTICE OF AN ATTEMPT TO IMPROVE THE FOLLOWING
ROAD RECORDS ASSOCIATION RECORD

Women's Bicycle Liverpool to Edinburgh by Chris Murray. Club: Army Cycling Union

First Possible Start Date 7th April

Current holder & time Christine Roberts, 9hrs 23mins 57secs.

ROUTE TO BE FOLLOWED	INTER MILEAGE	TOTAL MILEAGE	TIME OF DAY 24 Hr CLOCK
START Opposite the centre of the entrance to Liverpool Museum on Byrom St		0	11:00
Join the A59 and proceed north to the second set of traffic lights (Leeds Street), where turn left and then next right into Vauxhall Road (A5038).	0.53	0.53	11:01
Continue to follow A5038 into Commercial Road, Melrose Road, Selwyn Street, Brewster Street, Southport Road, Bailey Drive and Netherton Way. Turn right into Dunning's Bridge Road (A5036).	4.65	5.18	11:12
Continue through Maghull, via Ormskirk by-pass, Burscough, Rufford and Tarleton. Keep left on A59 Liverpool Road towards Penwortham. Stay on Liverpool Road crossing River Ribble at Preston.	22.57	27.75	12:09
Turn slight left onto Strand Road (A5072). Then turn slight right onto Watery Lane (A583) and turn right again onto Fylde Road (A583).	2.55	30.3	12:16
Turn left onto Aqueduct Street (to Maudlands) and turn left again to join the A6.	0.73	31.03	12:17
Stay on A6 to Lancaster, crossing River Lune. Once over the river, branch right on A589, then branch left to re-join A6.	22.36	53.39	13:14
Stay on A6 through Bolton-le-Sands, Carnforth and Milnthorpe to the junction with A590 at Levens, where bear right.	15.86	69.25	13:54
At the RAB, take the first exit onto the A591, then filter left to re-join the A6.	2.98	72.23	14:01
Stay on A6 via Kendal and Shap Summit.	12.57	84.8	14:38
At Penrith, take 3rd exit to stay on A6. Then turn right onto Old London Road and bear left onto Friargate. Turn right onto the A6.	15.34	100.14	15:18
Stay on A6 to Carlisle. Turn right onto the Crescent (A7), right onto Victoria Place and sharp left into Georgian Way (staying on the A7).	19.31	119.45	16:07
At Harker, turn left at the Industrial Estate, then turn right (signed Rockcliffe) and turn right alongside M6 to Todhills/Gretna.	4.27	123.72	16:18
At Gretna, turn left onto B7076. Then turn right followed by a left, to stay on B7076.	6.21	129.93	16:34
Stay on B7076. Outside Lockerbie, turn right onto B723 and then at the RAB take 2nd exit onto B7076.	14.28	144.21	17:16
At Beatoch turn right onto A701, then at the RABs take 4th exit followed by 1 st exit to stay on A701.	13.79	159.64	17:55
Summit Devil's Beef Tub and continue via Tweedsmuir, Crook Inn, Broughton, Blyth Bridge and Romanobridge, to the crossroads at Leadburn. Go straight across onto A6094 towards Howgate.	40.16	199.8	19:40
Through Auchendinny and turn right onto A701. Continue on A701 towards City Centre.	5	204.8	19:53
FINISH at stop line of traffic lights at the Princes Street junction of North Bridge (the NW corner of the General Post Office is on the right).	7.59	212.39	20:13