

RECORD ATTEMPT NUMBER 2172
 NOTICE OF AN ATTEMPT TO ESTABLISH THE FOLLOWING
 ROAD RECORDS ASSOCIATION RECORD

Women's Bicycle North Coast 500 by Christina Mackenzie. Club: Stirling B.C.
 First Possible Start Date 13th May.

| ROUTE TO BE FOLLOWED | INTER MILEAGE | TOTAL MILEAGE | TIME OF DAY 24 Hr CLOCK |
|--|---------------|---------------|----------------------------|
| Start at Flora Macdonald Statue, Inverness | | 0 | 05:00:00 |
| Head out of Inverness W om A862, crossing River Beaully then immediately R | 11.3 | 11.3 | 05:39:32 |
| CP1 Cross Muir of Ord Railway Bridge | 3.6 | 14.9 | 05:52:10 |
| Follow A832 W to join A835 where turn L | 4.8 | 19.7 | 06:09:01 |
| Stay on A835 W through Garve to fork with A832 where bear L | 8.5 | 28.2 | 06:38:55 |
| Stay on A832 W to Achnasheen where L onto A890 | 15.5 | 43.7 | 07:33:39 |
| Follow A890, to junction where stay straight becoming A896 | 18.1 | 61.8 | 08:37:52 |
| Follow A896 round to Bealach Café, where L signed "Applecross" | 9.2 | 71 | 09:10:38 |
| Bealach na Ba summit | 5.9 | 76.9 | 09:46:42 |
| CP2 Hamlet of Applecross, where turn R | 5.4 | 82.3 | 10:16:01 |
| Follow coast road to CP3 Hamlet of Fearnmore | 12.8 | 95.1 | 11:01:55 |
| Continue now SE on coast road to rejoin A896 where turn L | 10.9 | 106 | 11:41:09 |
| Continue E on A896 to cross River Torridon | 7.5 | 113.5 | 12:08:13 |
| Continue NE on A896 to join A832 at Kinlochewe where turn L | 10.3 | 123.8 | 12:45:29 |
| Continue NW on A832 to Gairloch, and junction with B8021, where straight on | 19.6 | 143.4 | 13:56:44 |
| Stay on A832, turning due E then N to Poolewe, where cross River Ewe | 5.4 | 148.8 | 14:16:27 |
| North on A832 to pass through CP4 Laide | 8.9 | 157.7 | 14:48:59 |
| Stay on A832 now headed east, passing The Dundonell Hotel | 15.2 | 172.9 | 15:54:47 |
| Stay on A832 to join A835 just after cross river where turn L, signed Ullapool | 13.7 | 186.6 | 17:00:17 |
| Stay on A835 N to Ullapool where turn R to stay on A835 | 12.1 | 198.7 | 17:45:05 |
| Stay on A835 N to join A837 at Ledmore junction where turn L | 17.2 | 215.9 | 18:49:02 |
| Travel N on A837, through Inchnadamph, past Ardvreck Castle, to A894 junction | 8.2 | 224.1 | 19:19:39 |
| Stay on A837 W, to junction with B869 at Lochinver Fire Station, where R | 9.7 | 233.8 | 19:55:57 |
| Stay on B869, NW, then N, past Clachtoll, to CP5 Clashnessie Beach | 8.1 | 241.9 | 20:26:22 |
| W on B869, through the hamlet of Nedd | 6.5 | 248.4 | 21:00:49 |
| Join A894, just south of Newton, where turn L | 7.4 | 255.8 | 21:28:44 |
| NW on A894 to pass through Scourie | 11.7 | 267.5 | 22:12:59 |
| Follow A894, to Laxford Bridge where turn L onto A838 | 6.5 | 274 | 22:37:38 |
| Follow A838 N to CP6 Durness Village | 18.6 | 292.6 | 23:48:28 |
| Follow A838 E round loch to Hope Bridge | 20 | 312.6 | 01:05:06 |
| Follow A838 E to Tongue where join A836, turning L | 10.2 | 322.8 | 01:54:23 |
| Follow A836 along north coast passing Douneray main entrance | 33.9 | 356.7 | 04:05:50 |
| Continue E, crossing bridge in Thurso | 8.6 | 365.3 | 04:39:25 |
| Continue E, to John O'Groats turning, where L | 19.2 | 384.5 | 05:54:44 |
| N, encircle RAB at CP7 John O Groats then return to A836/A99 junction | 0.6 | 385.1 | 05:57:06 |
| South on A99 to Reiss, where turn L | 13.1 | 398.2 | 06:58:46 |
| South on A99, passing through Wick | 2.7 | 400.9 | 07:09:27 |
| South on A99, to junction with A9 at Latheron | 17.5 | 418.4 | 08:18:53 |
| South on A9 to Berrisdale village | 9.7 | 428.1 | 08:57:33 |
| South on A9 to Hemsdale village | 8.7 | 436.8 | 09:32:19 |
| South on A9 to Brora | 11.2 | 448 | 10:17:15 |
| South to junction with A949 at Clashmore, continue on A9 | 16.6 | 464.6 | 11:24:09 |
| South on A9 to Dornoch Firth South Side RAB | 3.4 | 468 | 11:47:54 |
| South on A9 to Cromarty Bridge North Side RAB (A862) | 22.6 | 490.6 | 13:19:41 |
| Follow A862 SW through Dingwall, Maryburgh to CP8 Muir of Ord Railway Bridge | 9.6 | 500.2 | 13:58:54 |
| South on A862 to cross river Beaully | 3.7 | 503.9 | 14:14:02 |
| Head E on A862, into Inverness to Finish Flora Macdonald Statue, Inverness | 11.2 | 515.1 | 15:00:00 |